

SEPTEMBRE

LA CANTINE | LUNCH MENU



Menu subject to change without notice

LUNDI MONDAY

MARDI TUESDAY

MERCREDI WEDNESDAY

JEUDI THURSDAY

VENDREDI FRIDAY

<p>NOTES: D dairy G gluten P pork B beef</p> <p>Always a vegetarian option to replace protein in each meal</p>				<p>1</p> <p>Pizza G D Pepperoni P Green salad Broccoli</p>
<p>4</p> <p><i>Labor Day No School!</i></p>	<p>5</p> <p>Taco Tuesday! Shredded chicken Black beans Brown rice Salsa, lettuce, cheese D</p>	<p>6</p> <p>Chicken fingers G Sweet potato Peas Chocolate cake G</p>	<p>7</p> <p>Herb roasted Chicken Haricot Verts Roasted Yukon Gold Potato Lemon Cake G</p>	<p>8</p> <p>Lemongrass chicken noodle bowl Rice Noodles Egg rolls Cucumbers Pickled carrots, daikon, herbs</p>
<p>11</p> <p>Red beans Brown rice Green beans Cornbread G</p>	<p>12</p> <p>Pasta Bolognese G Broccoli Caesar salad Strawberries, whip cream D Lady fingers G</p>	<p>13</p> <p>Croissant au Jambon et fromage G P D Potato chips Carrot sticks Grapes</p>	<p>14</p> <p>Blackened chicken Brussels sprouts Sweet potato fries Carrot cake G</p>	<p>15</p> <p>Jambalaya P Chicken wings Green beans</p>
<p>18</p> <p>Crispy Catfish G Mac and Cheese G D Salad Black eyed peas</p>	<p>19</p> <p>Taco Tuesday! Shredded chicken Black beans Brown rice Salsa, lettuce, cheese D</p>	<p>20</p> <p>Sliders G Thick cut fries Lettuce, cheddar cheese D Tomato, homemade pickles</p>	<p>21</p> <p>Sweet and sour kumquat chicken Rice Edamame Broccoli</p>	<p>22</p> <p>Moroccan Chicken Stew Couscous G Roasted Carrots Beets</p>
<p>25</p> <p>Red beans Brown rice Green beans Cornbread G</p>	<p>26</p> <p>Pasta carbonara with bacon G P Peas Zucchini Cannoli G D</p>	<p>27</p> <p>Chicken fingers G Sweet potato Peas Chocolate cake G</p>	<p>28</p> <p>Beef Bourguignon Roasted Potato Carrots, Mushrooms</p>	<p>29</p> <p>Caribbean chicken Pinto beans Coconut rice Roasted plantains Pineapple</p>