

MARS

LA CANTINE | LUNCH MENU



LUNDI MONDAY

MARDI TUESDAY

MERCREDI WEDNESDAY

JEUDI THURSDAY

VENDREDI FRIDAY

<p>2</p> <p>Red beans Brown rice Sausage P Green beans Cornbread E G</p>	<p>3</p> <p>Pasta carbonara G P Peas Zucchini Cannoli G D</p>	<p>4</p> <p>Sliders G Thick cut fries Cheddar cheese D, Lettuce, Tomato, homemade pickles</p>	<p>5</p> <p>Lemon chicken Basmati rice Hummus, pita G Greek salad</p>	<p>6</p>  <p>Crispy Catfish G Mac and Cheese G D Broccoli Corn</p>
<p>11</p> <p>Spaghetti and meatballs G Salad Zucchini bread G E</p>	<p>10</p> <p>Tacos! Shredded chicken Black beans Brown rice Salsa, lettuce, cheese D</p>	<p>11</p>  <p>Chicken fingers G Sweet potato Peas Chocolate cake E G</p>	<p>12</p> <p>Herb Chicken Yukon Gold potato Haricots verts Lemon cake E G</p>	<p>13</p> <p>Moroccan Chicken Stew Couscous G Roasted Carrots Beets</p>
<p>16</p> <p>Red beans Brown rice Sausage P Green beans Cornbread E G</p>	<p>17</p>  <p>Leprechaun Lunch Corned Beef Cabbage Potato Soda Bread Leprechaun Lemonade</p>	<p>18</p> <p>Croissant au Jambon et fromage E D G P House cut chips Carrot sticks Grapes</p>	<p>19</p> <p>Sweet and sour kumquat chicken Rice Edamame Broccoli</p>	<p>20</p> <p>Tortellini G Pesto sauce Broccoli Tomato salad</p>
<p>23</p> <p>Chicken stew Rice Salad Caramel apple cake E G</p>	<p>24</p> <p>Chicken & cheese Quesadilla G D or Cheese Quesadilla D Shredded lettuce Salsa, Sour Cream D</p>	<p>25</p> <p>Sliders G Thick cut fries Cheddar cheese, Lettuce, tomato, homemade pickles</p>	<p>26</p>  <p>Chicken curry Basmati rice Spinach Yogurt sauce D</p>	<p>27</p> <p>French bread pizza G D Pepperoni P Green salad Zucchini bread E G</p>
<p>30</p>  <p>Red beans Brown rice Sausage P Green beans Cornbread E G</p>	<p>31</p> <p>Pasta G Bolognese Broccoli Caesar salad Strawberries, Whip cream, lady fingers E G D</p>		<p>NOTES: D dairy E egg G gluten P pork B beef</p> <p>Always a vegetarian option to replace protein in each meal</p>	<p><i>Menu subject to change without notice</i></p>