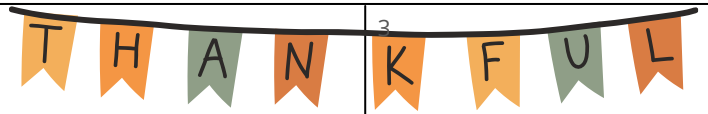
NOVEMBRE

LA CANTINE | LUNCH MENU

Menu subject to change without notice

LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY
2  Jambalaya **P** Chicken wings Green beans	3 Pasta carbonara **G P** Peas Zucchini Cannoli **G D**	4 Chicken fingers **D G** Sweet potato Peas Chocolate cake **E G D**	5  Herb roasted chicken Yukon gold potatoes Haricots verts Lemon Cake **G E**	6 Lemongrass chicken noodle bowl Rice Noodles Egg rolls Cucumbers Pickled carrots, daikon, herbs
9 Red beans Brown rice Sausage **P** Green beans Cornbread **E G**	10 Quesadilla **G D** Shredded lettuce Salsa, Sour Cream **D**	11 Sliders **B G** Thick cut fries Lettuce, cheddar cheese **D** Tomato, homemade pickles	12 Sweet and sour kumquat chicken Rice Edamame Broccoli	13 Crispy Catfish **G** Mac and Cheese **G D** Salad Green beans
16  Jerk chicken Pinto beans/slaw Coconut rice Plantains	17 Pasta Bolognese **G** Broccoli Salad Zucchini bread **E G**	18 Croissant **E** au Jambon et fromage **E G P** Potato chips Carrot sticks Grapes	19 Lemon Garlic Chicken Cucumbers Basmati rice Crispy Chickpeas Tzatziki sauce	20 Chicken & Andouille Gumbo **P G** Brown rice Fried okra Salad
23 Chicken Sausage Cassoulet Green beans Pumpkin cake **G E**	24 THANKSGIVING CATERING PICK UP AT CARPOOL! Chicken curry Basmati rice Spinach Yogurt sauce **D**	25 	26	27  *I give many thanks to you all, whom I feed with my heart and soul. Love, Chef*
30 Tortellini **G** Tomato sauce Cauliflower Garlic bread **G**				**NOTES:** **D** dairy **E** egg **G** gluten **P** pork **B** beef Always a vegetarian option to replace protein in each meal